



Patient Symptom Survey

Patient Name: _____ Date: _____

GENERAL

- Past/Now
- fatigue
 - sleeping problems
 - swollen glands
 - hot or cold intolerance
 - frequent headaches
 - weight loss
 - weight gain
 - fever or chills
 - allergies
 - nervousness
 - irritable
 - feel rundown

NERVOUS SYSTEM

- Past/Now
- dizziness
 - blurred vision
 - fainting
 - paralysis
 - tremors
 - numbness/tingling
 - convulsions
 - imbalance
 - memory loss
 - muscle weakness

URINARY

- Past/Now
- painful urination
 - frequent urination
 - hard to urinate
 - incontinence
 - bed wetting
 - discolored urine
 - frequent infections
 - prostate problems
 - unusual discharge

HEAD

- Past/Now
- headache
 - entire head
 - back of head
 - forehead
 - temples
 - migraine
 - head feels heavy
 - loss of memory
 - light-headedness
 - fainting
 - light bothers eyes
 - loss of smell
 - loss of taste
 - loss of balance
 - dizziness
 - loss of hearing
 - pain in ears
 - ringing in ears
 - buzzing in ears

CHEST

- Past/Now
- chest pain
 - shortness of breath
 - pain around ribs

NECK

- Past/Now
- pain in neck
 - neck pain with movement
 - pinched nerve in neck
 - neck feels out of place
 - stiff neck
 - muscle spasms in neck
 - grinding sounds in neck
 - grating sounds in neck
 - popping sounds in neck
 - arthritis in neck

EMOTIONAL

- Past/Now
- anxiety or worry
 - frequent crying
 - anger
 - tension
 - mood swings
 - fear
 - restlessness
 - confusion
 - depression
 - suicidal

REPRODUCTIVE SYSTEM

- Past/Now
- painful intercourse
 - prostate problems
 - sexual problems
 - loss of sex drive
 - genital infections
- Birth Control Method _____

WOMEN ONLY

- Past/Now
- cramps
 - PMS
 - irregular periods
 - difficult labor
 - breast problems
- Are you pregnant yes no ?
- Date of last period _____
- # of pregnancies _____
- # of miscarriages _____
- # of abortions _____
- date of last PAP _____

LOW BACK

- Past/Now
- low back pain
 - pain worse when
 - working
 - lifting
 - stooping
 - standing
 - sitting
 - bending
 - coughing
 - pinched nerve in low back
 - slipped disk
 - low back feels out of place
 - muscle spasms
 - arthritis

MID-BACK

- Past/Now
- mid-back pain
 - pain between shoulder blades
 - stabbing pain/mid-back
 - muscle spasms

EENT

- Past/Now
- earache
 - ear discharge
 - ringing in ears
 - hearing loss
 - nosebleeds
 - hoarseness
 - problems swallowing
 - sore throat
 - jaw tight or soar
 - dental problems
 - glasses/contacts

MUSCULOSKELETAL

- Past/Now
- joint swelling
 - muscle cramps
 - neck pain
 - shoulder pain
 - tennis elbow
 - arm pain
 - hand sensations
 - loss of grip
 - mid-back pain
 - rib pain
 - low back pain
 - hip pain
 - foot pain
 - leg cramps
 - knee pain
 - ankle weakness
 - tingling foot

SHOULDERS

- Past/Now
- pain in shoulder joint
 - pain across shoulders
 - bursitis—R L
 - arthritis—R L
 - can't raise arm:
 - above shoulder level
 - over head
 - tension in shoulders
 - pinched nerve in shoulder
 - muscle spasms in shoulder

SKIN

- Past/Now
- easy bruising
 - dry skin
 - itching
 - boils
 - rashes
 - excessive sweat
 - hair changes

ARMS AND HANDS

- Past/Now
- pain in upper arm
 - pain in forearm
 - pain in hands
 - pain in fingers
 - pinched nerve in arm
 - pinched nerve in fingers
 - pins and needles in arms
 - pins and needles in fingers
 - fingers go to sleep
 - hands cold
 - swollen joints in fingers
 - arthritis in fingers
 - loss of grip strength

HEART/LUNGS

- Past/Now
- chest pain
 - high blood pressure
 - low blood pressure
 - persistent cough
 - hard to breathe
 - coughing blood
 - coughing phlegm
 - irregular heartbeat
 - varicose veins
 - ankle swelling

GASTROINTESTINAL

- Past/Now
- change in appetite
 - thirst
 - nausea
 - vomiting
 - diarrhea
 - constipation
 - gas
 - hemorrhoids
 - gall bladder
 - belching
 - heartburn
 - abdominal pain
 - bloody/black stools
 - indigestion
 - liver trouble

HIPS, LEGS + FEET

- Past/Now
- pain in buttocks—R L
 - pain in hip joint—R L
 - pain down leg—R L
 - leg cramps
 - pins + needles in legs
 - numbness of leg—R L
 - numbness of feet—R L
 - numbness of toes
 - feet feel cold
 - cramps in feet—R L
 - swollen ankles—R L
 - swollen feet—R L
 - painful joints in toes
 - pain in foot—R L
 - pain in knee—R L